

EAST BERLIN 5K TURKEY TROT

RUN/WALK

Thursday November 23, 2023 9:00 A.M

Benefits ROOTS for BOOTS Come Support Our LOCAL Veterans

LOCATION: Start and Finish at East Berlin Community Center Parking Lot; 405 North Avenue, East Berlin PA 17316
5k Run starts at 9:00 a.m (chip timing by Second Wind Race Timing)
Walk to begin directly after (no separate timing or awards for walk)

Early Packet Pickup At 110 East King Street East Berlin PA 17316 Tuesday 11/21/23 4pm to 7pm or Wednesday 11/22/23 9am to noon & 4pm to 7pm

Race Day Packet Pickup at East Berlin Community Center starting at 7:30 AM

COURSE: Start and Finish are at the East Berlin Community Center, route is through the town of East Berlin with traffic control/assistance where needed. Rain or shine. No refunds or mailed awards.

AWARDS: 5K Run: First Overall Male and Female (not eligible for age group award)
Top 3 Male/Female by age: Age 6 – 12, Age 13 – 17, Age 18 – 23,
Age 24 – 31, Age 32 – 40, Age 41 – 50,
Age 51 – 60, Age 61-70, Age 70 +

All Proceeds Benefit Roots for Boots PLUS we will be collecting canned items for their MilitaryShare program (detailed list can be found on their website: www.rootsforboots.com)

ENTRY: EARLY REGISTRATION: Register by June 30th * Adults Race Entry \$20.00 *Ages 5-12 Race Entry \$10.00
Under 5 are Free; no Shirt Option

REGISTRATION: July 1st thru October 15th - * Adults Race Entry \$25.00 *Ages 5-12 Race Entry \$15.00
Under 5 are Free; No Shirt Option

LATE REGISTRATION: October 16th – November 22nd * Adults \$30.00 *Ages 5-12 \$20.00
* Under 5 are Free

SAME DAY REGISTRATION: November 23rd *Adults \$35.00 Ages 5-12 \$25.00 Under 5 are free

OPTIONAL SHIRT ADD ON: ADULT HOODED SWEATSHIRT \$35.00 QUANTITY _____ ADULT LONG SLEEVE T-SHIRT \$25.00 QUANTITY _____
Adult Shirt Size (circle size) : S M L XL 2XL 3XL (add 2.00 for 2XL or 3XL)

YOUTH HOODED SWEATSHIRT \$30.00 QUANTITY _____ YOUTH LONG SLEEVE T-SHIRT \$20.00 QUANTITY _____
Youth Shirt Size (circle size): S (6-8) M (10-12) L (14-16)

**PLEASE NOTE: YOUTH SWEATSHIRT NOT AVAILABLE IN SMALL DUE TO PRINTING SPACING
No Race Shirt for LATE and SAME DAY REGISTRATION and There will not be shirt options for children under 5.**

Optional Online Registration available at <https://runsignup.com/Race/PA/EastBerlin/EastBerlin5KTurkeyTrot>
(Nominal processing fee applies)

RACE DIRECTOR: Sarah Diehl; email me at diehlsarah@hotmail.com or check facebook page “East BerlinTurkey Trot” for more information.

MAKE CHECK PAYABLE TO “Roots for Boots” MAIL CHECK & FORM TO: Linda Swift 20 Buck Road Dover PA 17315

Last name _____ First name _____

Address _____ City _____ State _____ Zip _____

Phone: () _____ AM or PM Sex: M F Race day age: _____ Date of birth ____/____/____
Circle one or both

Email: (print clearly) _____

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Second Wind Race Timing, East Berlin Community Center, Roots for Boots, any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. By entering this race, I am granting permission to Second Wind Race Timing to use any pictures or likenesses of me secured at the event in any way they see fit without review, restriction or compensation. I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)

Signature _____

date ____/____/ 20____